



April 2008 Newsletter



www.sevenshorestrading.com
Learn More about Seven Shores

GARDEN and the OUTDOORS

As the snow melts our garden comes to life and it's time to get outdoors and enjoy the fresh air. For many people their backyard is a place where they enjoy planting flowers, gardening, barbeques and relaxation. It is a place to escape – a sanctuary and we need to spend time in designing and maintaining this great space.

Use a Feng Shui Bagua map to layout the design for your backyard. You can decide where plants and statues will be placed based on this map.

The Nine "Bagua" of Feng Shui

Sun -- Wealth Element: Soft Wood -- Green Color: Green Symbology: Wind	Li -- Fame Element: Fire -- Red Symbology: Brightness, the Sun	K'un -- Partnership Element: Earth -- Tan, Yellow Symbology: "Mother Earth"
Chen -- Family Element: Hard Wood -- Dark Green, Aqua-	Center-- Energy Element: Earth -- Yellow	Tui -- Children Element: Soft Metal -- White, Gold
Ken -- Knowledge Element: Earth -- Tan, Yellow Symbology: Mountain, Youth	K'an -- Career Element: Water -- Black, Blue Symbology: Water, the Moon	Ch'ien -- Friends Element: Hard Metal -- White, Gold Symbology: Heaven, Leader

Search online – Google Feng Shui Gardens to find out more.

Seven Shores has some fantastic products for the garden from: Brass Zen Water Bowls, Granite Balinese Statues, Sandstone Frogs and Turtles, Lava Stone Lanterns, Teak Benches and Table/Chair sets. Come into the store or check out online. www.sevenshorestrading.com

The outdoors is a wonderful playground that many of us enjoy. Take some time to book some outdoor adventures this Spring and Summer – may it be hiking around the Waterloo Region (visit www.gvta.on.ca to know more) or cycling the Trans Canada Trail (visit www.tctrail.ca or www.canadatrails.ca).

APRIL SPECIAL

For only the month of April – **ALL** Shawls and Scarves **HALF PRICE!** Bright colours available to freshen up your spring wardrobe.



Hand-Woven Brazilian Shawls were \$75 Now \$37.50



Hand-Painted Thai Silk Scarves were \$15 Now \$7.50



Merino 100% Pure Wool Shawls were \$45 Now \$22.50

IN-STORE

Indian Cotton Stripe \$15 now \$7.50

Thai Silk Woven Rungpong Shawl \$95 now \$42.50

100% Pure Indian Pashmina \$95 now \$42.50

Seven Shores Needs Your Help

Seven Shores needs your help in finding a retail space that is within an active community, surrounded by other complementary businesses in a space with character that reflects our style. Any insight, please email info@sevenshorestrading.com or call 519-888-0377. We appreciate your help.

New Business in Town

Seven Shores would like to welcome **Bikram Yoga Kitchener-Waterloo**. The opening of the first Bikram "Hot" Yoga studio in the Tri-Cities Area will be on Saturday April 12th at 10am.

Bikram Yoga is the original practice that inspired the "hot yoga" trend and it is pleased to offer a showing of international art and artifacts from Seven Shores Trading Company.

Come on down to 663 Belmont Ave. West in Belmont Village, Kitchener to see the beautiful new feng-shui designed studio and try out a class during the opening month for only \$10 for 10 consecutive days of yoga.

Check out the web site for more details www.bikramyogakw.com.

Opening weekend schedule:

Saturday, April 12th: 10am, 12pm, 4pm

Sunday, April 13th: 10am, 12pm, 4pm

New Local Artists in Store

Koriander apparel prints by Kora and Andrea

Fun, funky and awesome! Koriander's one of a kind prints are inspired from photographs taken of destinations around the globe. Lovingly handmade by Kora and Andrea, these unique designs are wearable art...and they're machine washable too! Stop by Seven Shores to see their collection.



Great Books to Read

* Paulo Coelho "**The Pilgrimage**" a journey across Spain traveled by pilgrims of San Tiago – understanding the nature of truth through the simplicity of life. As well, read "The Alchemist" – Best Seller by Coelho.

* Michael Pollan "**The Omnivore's Dilemma**" promises to change the way we think about the politics and pleasure of eating. For anyone who reads it, dinner will never again look, or taste, quite the same.

Check These Sites Out

- www.bikehike.com – a company based out of Vancouver that has bike/hike/ raft/canoe adventures to countries all over the world. There are trips for everyone.
- www.cog.ca/pww.htm - the local chapter of Canadian Organic Growers. News, plant sales, festivals, lots of great information.
- www.sju.ca/grt/ - The Walter Bean Grand River Trail with 78 kilometers in close proximity of the Grand River.
- **Candlepower** - Join Linda Nagel as she shares 'art' and 'craft' of hand-rolled beeswax candle-making. Make for gifts, seasons, events or for your own sacred space. Call (519) 886-0662 or lsnagel@hotmail.com

Up and Coming

On Friday April 4th, Check out Seven Shores Business Profile on www.know.ca - an online community interactive portal for K-W Region.

Happy Spring,

Sean and Amy Zister

Seven Shores Trading Co. Inc.

72 St. Leger St. Unit 1. Kitchener, ON.

www.sevenshorestrading.com 519-888-0377

If you would like to be removed from receiving our newsletter, please email info@sevenshorestrading.com – subject remove from Seven Shores Mailing List – Thank you.